

RESULTS ROUND UP 2015 / 2016

5th March 2016

IAAF World Challenge - Melbourne

Women's 3km Steeplechase

Victoria Mitchell 9.54.54

5th March 2016

Allcomers - SOPAC

Women's 800m

Rona Macniven 2.35.84

Jane Boyd 2.42.70

Mens 110m hurdles (91.4cm)

Dylan Quirk 14.88 **+1.7**

Mens 800m

Kevin O'Brien 2.00.03 **PB**

James Costello 2.12.95

Jim Hotait 2.38.41

Mens 5000m

Martin Cosby 19.03.30 **PB**

10th March 2016

Aust Juniors - Perth

Mens U18 110m hurdles (91.4cm)

Dylan Quirk 14.82 **+0.9**

11th March 2016

Aust Juniors - Perth

Mens U18 110m hurdles (91.4cm)

Dylan Quirk 14.69 **+1.3**

Women's U15 90m hurdles

Jemima Keay Doak 13.94 **+3.1**

12th March 2016

Aust Juniors - Perth

Women's U16 200m Heat

Sara Dougan 25.44 **-0.9**

Women's U16 Long Jump

Sara Dougan 5.59 **+1.5**

Women's U16 200m Final

Sara Dougan 25.05 **+1.1**

12th March 2016

Allcomers - SOPAC

Mens 100m

Matt Lynch 12.97 **NWI**

Women's 400m

Renee Briffa 64.25 **SB**

Mens 1500m

Kevin O'Brien 4.01.27 **PB**

James Costello 4.22.09

Mark Gregory 4.30.22

Martin Cosby 5.07.24 **PB**

Women's 1500m

Jude Gregory 5.26.42 **SB**

13th March 2016

Aust Juniors - Perth

Women's U16 100m Heat

Sara Dougan 12.38 **-0.8**

Women's U17 100m Heat

Maisie Stevens 12.37 **-2.5**

Women's U16 100m Final

Sara Dougan 12.38 **-1.2**

Women's U17 100m Final

Maisie Stevens 12.42 **-3.1**

19th March 2016

Grand Prix - Sydney

Women's 100m B race

Maisie Stevens 12.29 **nwi**

Nicole Berridge 12.46 **nwi**

Sara Dougan 12.48 **nwi**

19th March 2016

Northern Zone - Rotary Oval

Women's 200m

Robyn Smith 35.9

Women's 800m

Robyn Smith 3.01.9

24th March 2016

Allcomers - SOPAC

Women's 100m

Maisie Stevens 12.10 **+2.4 - SB**

Mens 800m

Kevin O'Brien 2.02.54

James Constantine 2.05.35 **PB**

James Costello 2.09.21 **PB**

1st April 2016

Aust Champs - SOPAC

Women's 100m - heat

Maisie Stevens 11.91 **+1.4 - PB Club Rec**

Nicole Berridge 12.38 **+1.0**

Women's 5000m

Victoria Mitchell 15.58.35

2nd April 2016

Aust Champs - SOPAC

Women's 90m hurdles U15 Heptathlon

Jemima Keay Doak 14.13 **+1.4**

Women's High Jump U15 Heptathlon

Jemima Keay Doak 1.34

Women's Shot U15 Heptathlon

Jemima Keay Doak 9.88

Women's 200m U15 Heptathlon

Jemima Keay Doak 28.07 **-2.6**

Women's 100m - semi

Maisie Stevens 11.96 **+0.6**

3rd April 2016**Aust Champs - SOPAC**Women's Long Jump U15 Heptathlon

Jemima Keay Doak 4.61 +0.2

Women's Javelin U15 Heptathlon

Jemima Keay Doak 24.00

Women's 800m U15 Heptathlon

Jemima Keay Doak 2.37.34

Women's U15 HeptathlonJemima Keay Doak 3980 **U16 rec**Women's 200m - heat

Maisie Stevens 24.72 -1.3

Women's 3km Steeplechase

Victoria Mitchell 9.52.99

16th April 2016**Aust Masters Champs - Adelaide**Mens O'50 60m - heat

Matt Lynch 8.18 -1.5

Mens O'50 60m - final

Matt Lynch 8.21 -3.7

Mens O'50 100m - heat

Matt Lynch 12.96 +2.6

Mens O'50 100m - final

Matt Lynch 13.06 -1.9

17th April 2016**Aust Masters Champs - Adelaide**Mens O'50 200m - heat

Matt Lynch 25.72 +0.7

Mens O'50 200m - final

Matt Lynch 25.98 +0.4

Women's O'45 2km Steeple

Robyn Smith 10.25.92